

Internships & Fellowships

Public Health AmeriCorps Career
Development Webinar Series



National Network
of Public Health Institutes

Agenda

- ❖ Welcome and Poll
- ❖ What are Internships and Fellowships and Their Value?
- ❖ Well-Known Public Health Internships and Fellowships
- ❖ Apprenticeships
- ❖ How to Find and Build Your Own Internship or Fellowship?
- ❖ Q&A with Heather Krasna
- ❖ What's My Next Steps?
- ❖ Closing



Poll Question

What aspect of a fellowship or internship program is most important to you?

- Mentorship opportunities
- Hands-on experience
- Networking opportunities
- Location
- Potential for future employment



Objectives and Learning Goals

Objective:

Understand landscape of various professional opportunities for current students, recent graduates, and mid-career individuals to expand their skillsets and grow their resumes through interesting fellowships and internships across various public health industries.

Goals:

- Reflect on **readiness and considerations** to pursue fellowships or internships in public health, healthcare, or private groups.
 - **Identify suitable pathways** to internships or fellowships.
- **Gain insight** into specific internship and fellowship experiences of interest.



Internships vs Fellowships

Internship

- Most often catered to **current students** – but not always!
- May last **several weeks to months**
- Tailored to **specific focus areas** and activities
- More **local** than global
- May be **paid or unpaid**
 - According to ZipRecruiter, average \$18/hour

Fellowship

- Focus on **professional development** in a specific field through academic research or practical application
- Often offered to **graduate or post-graduate students**; usually require at least an undergraduate degree
- **Longer time span**: may last a few weeks or up to a few years
- Emphasize completion of a specific project
- Most are **paid opportunities**



What's the value in an internship or fellowship?

- ❖ Professional development opportunities to expand your skill sets and **explore your interests!**
- ❖ Grow your **experience quickly**, often with lower levels of commitment than a full-time role or academic experience.
- ❖ Serve as a springboard to propel you into the **workforce**.
- ❖ Build your resume! **Employers** recognize the value.



Internships



Nonprofit Internships

- American Public Health Association (APHA)
- American Red Cross
- Centers for Disease Control Foundation (CDCF)
- National Association of County and City Health Officials Summer Internships (NACCHO)
- Nature Conservancy
- National Institutes of Health Summer Internship Program (NIH)
- United Way



Many of these opportunities happen regularly each year.
Keep a close eye on their websites to stay up to date!



The Nature Conservancy 



and people of different educational backgrounds





Applying to the NIH Summer Internship Program



Fellowships



Federal Fellowships

- [CDC ORISE Research Participation](#)
 - Multiple training opportunities with top national scientists and engineers in state-of-the-art facilities.
- [White House Fellows Program](#)
 - First-hand experience in the process of federal administration work offers a sense of personal involvement in the leadership of society.
- [Health Resources & Services Administration \(HRSA\)](#)
 - Equity Fellow program focuses on public policy and equity advocacy.





State-Based Fellowships

- California Pathways into Public Health (Pathways)
- Tennessee Department of Public Health Public Health Executive Fellowship
- New York State Public Health Corps (NYSPHC)



Public Health Executive Fellowship

What is the Fellowship?

The Tennessee Department of Health's Public Health Executive Fellowship is a prestigious career development and mentorship opportunity for recent graduates interested in public health. The program allows fellows to gain practical, hands-on experience addressing critical public health challenges with the support of an experienced team.

More than an internship or practicum, the length of the program and full-time nature of the experience allows fellows to become integral contributors to the mission and vision of TDH.

Based in Nashville, the fellowship provides exposure to the diversity and depth of work performed in a state health department. Along the way, fellows serve as core members of the TDH team.

The Public Health Executive Fellowship is a one-year program that can be extended for a potential second year.

Compensation

Each fellow will receive a base salary of \$47,496 with State of Tennessee benefits.

Who can apply?

Anyone with an interest in public health who has graduated from a Bachelor's or Master's program in the last 12 months, and seeks to enhance their education with experience in a state government setting can apply for the fellowship.

How to Apply

Complete the online application here:
Fall 2023 Application

Materials needed for online application
(**due date August 29, 2023**):

- Current Resume or CV
 - Unofficial Transcript
 - Two letters of recommendation
 - Essay (1500 words maximum) outlining interests, strengths, and qualifications.
- Applicants should articulate how this fellowship will benefit their long-term career plans in public health.



Association-Based Fellowships

- SOPHE/CDC Injury Prevention Fellowship
- SOPHE Student Fellowship in Patient Engagement
- SOPHE Leaders in Equity and Diversity Fellowship (LEAD)
- APHA also has the Public Health Fellowship in Government program



Private & Healthcare Fellowships



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The logo icon for the Public Health Institute, a stylized black figure with arms raised, resembling a caduceus or a person in a dynamic pose.

Apprenticeships

An Honorable Mention!



What about Apprenticeships?



- An apprenticeship helps individuals gain new knowledge and skills to hone their craft, learning from the pros.
- Apprenticeship frameworks are more competency-based rather than time-based.
- Apprenticeships are available in several fields
- [Apprenticeship USA](#) highlights that high demand apprenticeship occupations are in the health industry:
 - Dental
 - Emergency Medicine
 - Certified Nurse Aid
 - Pharmacist Assistance
 - Long-Term Care Nurse Manager



APPRENTICESHIPUSA™



- Why a Registered Apprenticeship?
 1. Earn as you learn: developing new skills with a **guaranteed wage**.
 2. Receive a nationally recognized **credential**.
 3. Connect with **mentors** in your chosen industry.
 4. 90% of apprentices who complete a Registered Apprenticeship **retain employment** with an average salary of \$80,000.

- View the “[Explore Registered Apprenticeship](#)” fact sheet for:
 - Programs offered in multiple industries
 - How to get started
 - Using the “[Occupation Finder](#)” and “[Partner Finder](#)”
 - Developing your program online through the “[Standards Builder](#)”

Apprenticeship.gov currently has **over 500 health-related apprenticeships!**



Poll Question

What's the biggest barrier you've faced in applying for internships or fellowships?

- Not sure, I'm new to public health and don't know what I want to do.
- I'm not sure where to find paid vs. unpaid opportunities
- I don't know where to begin with the application process and interviewing
- I don't know what type of setting I want to work in: government, healthcare, or private sector internships or fellowships
- Other, please specify.



Simplifying the Search

Where to Look:

- [HOSA](#): health-related internship lists compiled by students globally.
- [USAJOBS - Search](#): federal internship job portal.
- [Centers for Disease Control and Prevention](#)
- Career Services
 - [John Hopkins Bloomberg School of Public Health/Career Services](#)
 - [Emory Public Health Employment Connection](#)
- [Association of Schools and Programs of Public Health](#)
- [Idealist](#)
- LinkedIn



Remember:

- Filter by "internships" or "fellowships" when possible.
- Internships and fellowships are often listed in the job/career openings page.
- Get creative! Search for your specific interest + "internship" or "fellowship."



"Build Your Own" Internship or Fellowship

- Research organizations in your local community.
- Attend event in your local community.
- Network with professionals in your field of interest.
- Explore volunteering opportunities.
- Take initiative and create your own program.
- By getting clear on your career goals.



Q&A with Heather Krasna



What are my next steps?



POLL!

After hearing all the options, what are you curious about?

- Internships
- Fellowships
- Apprenticeships
- A "Build Your Own" Experience



THANK YOU



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